



Diagnostic Criteria for **PANS**

Pediatric Acute-onset Neuropsychiatric Syndrome

1. Abrupt, acute onset of
 - Obsessive-compulsive disorder or severe restricted food intake
2. Concurrent presence of additional symptoms with similarly acute onset from at least two of the seven following categories:
 - Anxiety, separation anxiety
 - Emotional lability or depression
 - Irritability, aggression, and/or oppositional behaviors
 - Behavioral or developmental regression
 - Deterioration in school performance (loss of math skills, handwriting changes, ADHD-like behaviors)
 - Sensory or motor abnormalities, tics
 - Somatic signs: sleep disturbances, enuresis, or urinary frequency
3. Symptoms are not better explained by a known neurologic or medical disorder
4. Age requirement – None