



LEARN ABOUT PANS PANDAS

Sudden Onset OCD and/or Food Restriction & Multiple Neuropsychiatric Symptoms

- PANS/PANDAS may affect 1 in 200 children
- It is a clinical diagnosis, not based on one test
- There is no age requirement for diagnosis
- Average age of diagnosis is between ages 4-13
- Not all patients will have every symptom
- Severity differs from patient to patient
- Symptoms are relapsing and remitting
- Initial and subsequent triggers can be different
- Treatment is three pronged – a) remove inflammation, b) treat disrupted immune system, c) provide symptom relief
- Recovery is possible if treated early and appropriately